

The Valley Café

Week 1	Morning Snack	LUNCH!	Afternoon Snack
MONDAY	Cottage Cheese Peaches	Penne Pasta with Meat Sauce and Mozzarella Cheese Mixed Veggies Diced Peaches Milk	Graham Crackers Honeydew Melon
TUESDAY	Cinnamon Oatmeal with Brown Sugar	Cheese Quesadillas with Salsa Black Beans Diced Pears Milk	Rice Krispy Treats Apples
WEDNESDAY	Blueberry Yogurt Granola Parfaits	Chicken Sandwiches Carrot Sticks* Mandarin Oranges Milk <i>*TODDLERS: Cooked Carrots</i>	Nutri-Grain Bars Cantaloupe
THURSDAY	Apple Butter & Biscuits	Teriyaki Chicken with Brown Rice California Blend Vegetables* Fruit Cocktail* Milk <i>*TODDLERS: Cooked Carrots & Peaches</i>	Vanilla Wafers Bananas
FRIDAY	Bagels & Cream Cheese	Ham & Cheddar Cheese Sandwiches Veggie Straws Applesauce Milk	Ice Cream Teddy Grahams